

Speed loops to and from f

Speed loops for 'f' can be tricky because the letter 'f' is a body, head AND tail letter. Different speed loops are used depending on where 'f' comes in the word.

Trace and copy each group of words.



Speed loops FROM f

- when 'f' is the first letter in a word it has a speed loop at the bottom. (You need to write a crossbar.)

fire flavour first flash famous fable fog

- when 'f' is in the middle of a word it needs two speed loops—one at the top and one at the bottom. (No crossbar is needed!)

defeat elfin knife profit nifty wafer life

Speed loops TO 'f'

- when 'f' is in the middle of a word it has two speed loops—one at the top and one at the bottom. (No crossbar is needed!)

unsafe aflame shaft refer draft comfort

- when 'f' is at the end of a word it has two speed loops—one at the top and one at the bottom. (No crossbar is needed!)

roof grief myself thief scarf relief oaf

Double 'f'

- for double 'f' write two speed loops for each 'f' (No crossbars!)

Write each word including speed loops and a crossbar where they are needed.



feast

behalf

film

defy

reef

fabric

suffer

Physical Education class timetable

Use your best handwriting to answer the questions about the physical education class timetable below.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.45 - 9.00 WHOLE SCHOOL FAST FITNESS					
9.10 - 10.10	CLASS RED	CLASS 4A	CLASS 6B		CLASS 2B
10.10 - 11.10	CLASS BLUE	CLASS 5A	CLASS 3B	CLASS 5B	CLASS 1B
11.30 - 12.30	CLASS 1A	CLASS 6A		CLASS 4B	
1.30 - 2.30	CLASS 2A				COMBINED PRIMARY CLASS SPORT
2.30-3.30	CLASS 3A		CLASS GREEN	CLASS ORANGE	

Which classes have Physical Education on Wednesdays and Thursdays?

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On which day are most classes held? _____

On which day do all the primary classes do physical education together? _____

What time would you prefer to do physical education and why?

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Write one physical activity you participate in outside of school hours and when you do it.

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